

The background is a solid orange color with various fruit icons scattered throughout. These include watermelon slices, bunches of grapes, whole oranges, and bunches of bananas. There are also small, solid orange circles scattered across the background.

THE ULTIMATE ISAGENIX SMOOTHIE GUIDE

STRAWBERRY SHORTCAKE SHAKE



2 SCOOPS BIRTHDAY CAKE
SHAKE POWDER
1/2 CUP OAT OR ALMOND MILK
6-7 ICE CUBES
1 TBSP RAW ALMOND BUTTER
1 CUP FROZEN STRAWBERRIES

TROPICAL SUNRISE SMOOTHIE

2 SCOOPS STRAWBERRY
SHAKE POWDER
1/2 CUP FROZEN PINEAPPLE
CHUNKS
1 CUP FROZEN MANGO
1/2 FRESH ORANGE
1 CUP COCONUT WATER



ADD A
HANDFUL OF
ICE TO TURN
IT INTO A
SMOOTHIE
BOWL!

MINT MATCHA SHAKE



2 SCOOPS VANILLA SHAKE POWDER
1/4 TSP PEPPERMINT EXTRACT
1/2 TSP VANILLA EXTRACT
2 TBSP OR 1 SERVING MATCHA POWDER
6-7 ICE CUBES
1 CUP ALMOND OR OAT MILK

CHUNKY MONKEY SHAKE



2 SCOOPS CHOCOLATE SHAKE POWDER
1 1/2 FROZEN BANANA
1 BIG TBSP PEANUT BUTTER
(OR PB2 POWDERED PEANUT BUTTER)
5-6 ICE CUBES
1 CUP ALMOND OR OAT MILK

PROTEIN POOLSIDE PIÑA COLADA



2 SCOOPS VANILLA SHAKE POWDER
1 CUP FROZEN PINEAPPLE CHUNKS
SMALL HANDFUL COCONUT SHREDS
1/2 CUP FROZEN MANGO
3/4 CUP COCONUT WATER
5-6 ICE CUBES

COCONUT 7 LAYER BAR SHAKE



2 SCOOPS VANILLA SHAKE POWDER
1 CUP ALMOND MILK
SMALL HANDFUL COCONUT SHREDS
1/3 CUP RAW UNSALTED CASHEWS
2 TBSP UNSWEETENED COCOA POWDER
1/2 TSP CINNAMON
1 ISADELIGHT OR CHOCOLATE CHUNKS
5-6 ICE CUBES

COPYCAT JAMBA JUICE STRAWBERRIES WILD SMOOTHIE

2 SCOOPS VANILLA SHAKE POWDER
1 CUP FROZEN STRAWBERRIES
1 FROZEN BANANA
3/4 CUP ALMOND MILK
5-6 ICE CUBES



BETTER THAN STARBUCKS VANILLA FRAP

2 SCOOPS VANILLA SHAKE POWDER
1 CUP COOLED FRESHLY BREWED COFFEE
(OR 1 TBSP INSTANT COFFEE AND 1 CUP
OF WATER)
1/2 TSP VANILLA EXTRACT
7-8 ICE CUBES



THIN MINT SHAKE

2 SCOOPS CHOCOLATE SHAKE POWDER
1/2 FROZEN BANANA
HANDFUL OF FRESH MINT LEAVES
2 TBSP UNSWEETENED CACAO POWDER
1 TBSP CASHEW BUTTER
1 CUP ALMOND MILK
7-8 ICE CUBES



ADD 1 TBSP OF
INSTANT COFFEE
OR SWAP THE
ALMOND MILK
FOR COLD BREW
COFFEE FOR A
MINT MOCHA!

BANANA SPLIT SHAKE



2 SCOOPS STRAWBERRY SHAKE POWDER
1 FROZEN BANANA
1 CUP FROZEN STRAWBERRIES
1 TBSP CASHEW BUTTER
2 TBSP UNSWEETENED COCOA POWDER
1 CUP OAT OR ALMOND MILK
5-6 ICE CUBES